VIDEO YOUTUBE LINKS SUMMARY: (\*videos in presentation)

**MINDFULNESS--**[**www.MINDFUL.ORG**](http://www.MINDFUL.ORG) **(used www.onlinevideoconverter.com -FREE video download)**

**Dr. Jon Kabat Zinn –creator of Mindfulness Based Stress Reduction (MBSR)**

**\*9 Attitudes of Mindfulness (26:27)** [**https://www.youtube.com/watch?v=2n7FOBFMvXg**](https://www.youtube.com/watch?v=2n7FOBFMvXg)

**Cure Anxiety and Depression (29:06)** [**https://www.youtube.com/watch?v=LtZpy02SFk4**](https://www.youtube.com/watch?v=LtZpy02SFk4)

**Dr. Jack Kornfield- Mindfulness Benefits (6:50) http://youtube.com/watch?v=I4zkLX1-A4Y**

**Tim Ryan --Ohio Congressman:**

**Mindful Armor (2:21):** [**https://www.youtube.com/watch?v=R0Nk8VX7dDE**](https://www.youtube.com/watch?v=R0Nk8VX7dDE)

**\*We Found the Bones (3:17): https://www.youtube.com/watch?v=yWEsCuLXSgM**

**Dan Harris (ABC News)“It’s A Zoo In Here”(2:25)**[**https://www.youtube.com/watch?v=t1hXVNmE6H**](https://www.youtube.com/watch?v=t1hXVNmE6H)**4**

**Bill Duane (Google)“Medicine that works!”(1:25)https://www.youtube.com/watch?v=mdfC3bQTTAg**

**\*MP3: JUST LIKE ME (7:08) (from** [**www.Mindful.org**](http://www.Mindful.org) **November newsletter)**

**ACA’S NEUROCOUNSELING INTEREST NETWORK (NIN) --Approved March 2015 at ACA Convention**

**--2015: 150 members, 25 states, 3 countries --2016: 291 members, 30 states, 7 countries**

**Dr. Lori Russell Chapin (** [**lar@fsmail.bradley.edu**](mailto:lar@fsmail.bradley.edu) **) Bradley University: Peoria, Illinois**

Join the ACA Neurocounseling Interest Network (NIN):[**www.neurocounselinginterestnetwork.com**](http://www.neurocounselinginterestnetwork.com)

**\*NEUROCOUNSELING- Intro video** (6:49) - Nov 2015: [**https://youtu.be/xaciKVDLEAg**](https://youtu.be/xaciKVDLEAg)

Counseling Today (CT) -Bridging Brain & Behavior-since December 2013;

Be “**Neuro-Nimble**,” NOT “**Neuro-Naïve**”; Importance of Emotional and Physical Self-Regulation

NEW TEXT: ***Your Supervised Practicum and Internship***(2nd Ed)(co-authors: Dr. Ivey and Dr. Sherman)

**DR. DAN SIEGEL -- “The Whole Brain Child” and “No Drama Discipline” (both have workbooks)**

**\*Being with your child (8:30):** [**https://www.youtube.com/watch?v=PGUEDtGSwW4**](https://www.youtube.com/watch?v=PGUEDtGSwW4)

**\* DISNEY PIXAR (“Inside Out”)(2:28)** [**https://www.youtube.com/watch?v=seMwpP0yeu4**](https://www.youtube.com/watch?v=seMwpP0yeu4)

**\*Teenage Brain (13:54):** [**https://www.youtube.com/watch?v=TLULtUPyhog**](https://www.youtube.com/watch?v=TLULtUPyhog)

**Mindsight TedX (24:20):** [**https://www.youtube.com/watch?v=Nu7wEr8AnHw**](https://www.youtube.com/watch?v=Nu7wEr8AnHw)

**Parenting From the Inside Out(AdultAttachmentInterview); Pocket Guide: Interpersonal Neurobiology**

**DR. BRUCE PERRY**

**\*Your Brain Reflects the World You Grow Up In (2:51): https://www.youtube.com/watch?v=XquRwSDQ3vU**

**Six Core Strengths for Healthy Child Development (4:32)**: [**http://youtube.com/watch?v=skaYWKC6iD4**](http://youtube.com/watch?v=skaYWKC6iD4)

**\*The Impact of Stress on the Body (includes ACE [Adverse Childhood Events- 17,000 people] Study on Trauma- NIMH Study (6:38)** [**https://www.youtube.com/watch?v=JRr3ZscuwjI**](https://www.youtube.com/watch?v=JRr3ZscuwjI)

**Mobile – Stories for Children that Grownups can Watch-Illinois Childhood Trauma Coalition (7:11)** <https://www.youtube.com/watch?v=pOda7kMQt9k&index=2&list=FLf4ZUgIXyxRcUNLuhimA5mA>

**What We All Can Learn (6:10) -Discussion about Mobile**

**https://www.youtube.com/watch?v=9HL-9y3a\_n0&list=FLf4ZUgIXyxRcUNLuhimA5mA**

**OTHER NEUROSCIENCE LEADERS**

**\*Drs. Allen & Mary Bradford Ivey—Neuroscience, Stress Management and Substance Abuse: Suggestions for Effective Integration (1:11:22)**  [**https://www.youtube.com/watch?v=OiqeJA1\_bgQ**](https://www.youtube.com/watch?v=OiqeJA1_bgQ)

**Dr. John Ratey:** **Run, Jump, Learn! Exercise Can Transform Our Schools (10:43)** (“**HINDU SQUAT**”) [**https://www.youtube.com/watch?v=hBSVZdTQmDs**](https://www.youtube.com/watch?v=hBSVZdTQmDs)

**\*Dr. Stephen Porges**: (**The Polyvagal Theory) Human Nature and Early Experience (46.38)**

**https://www.youtube.com/watch?v=SRTkkYjQ\_HU**

**Dr. Bessel Van der Kolk –** **author of *The Body Remembers***—

**\*Trauma & Attachment (3:03):** [**https://www.youtube.com/watch?v=0yCzxm4I5fg**](https://www.youtube.com/watch?v=0yCzxm4I5fg)

**Dr. Jaak Panksepp – Affective Neuroscience: Systems of Emotion**

**The Science of Emotion-TedX (17:39)** [**https://www.youtube.com/watch?v=65e2qScV\_K8**](https://www.youtube.com/watch?v=65e2qScV_K8)

**\*Mirror Neurons (NOVA):** [**https://www.youtube.com/watch?v=0kx3bFZLgZo**](https://www.youtube.com/watch?v=0kx3bFZLgZo)

**Dr. Bonnie Badenoch – author of *The Brain-Wise Therapist***

**Healing Conference (0.51):** [**https://www.youtube.com/watch?v=lf-R0kMpHds**](https://www.youtube.com/watch?v=lf-R0kMpHds)

**\*Edward Tronick, PhD -Still Face Experiment (2:48)** [**https://www.youtube.com/watch?v=apzXGEbZht0**](https://www.youtube.com/watch?v=apzXGEbZht0)

**Richard Cohen, PhD- Still Face Dads- (4:28)** [**https://www.youtube.com/watch?v=6czxW4R9w2g**](https://www.youtube.com/watch?v=6czxW4R9w2g)

**Dr. Karyn Purvis – author of *The Connected Child (passionate advocate for children from hard places)***

**Trust Based Relational Intervention-TBRI** (**37:28)** [**https://www.youtube.com/watch?v=T43zJDgTNPA**](https://www.youtube.com/watch?v=T43zJDgTNPA)

\***The IDEAL Response for Parents (7:28)** [**https://www.youtube.com/watch?v=761xx61-q1c**](https://www.youtube.com/watch?v=761xx61-q1c)

**\*Understanding Sensory Processing (5:56)** [**https://www.youtube.com/watch?v=v79-x34dEm0**](https://www.youtube.com/watch?v=v79-x34dEm0)

**Understanding Neurotransmitters (7:28)** [**https://www.youtube.com/watch?v=d5haMQTB7ag**](https://www.youtube.com/watch?v=d5haMQTB7ag)

**Attachment: Why It Matters (8:07)w/Dan Siegel:**[**https://www.youtube.com/watch?v=mNqRhK1fE0U**](https://www.youtube.com/watch?v=mNqRhK1fE0U)

**Dr. Allan Schore—Attachment Trauma (4:48) ( affect regulation & attachment)** [**http://www.psychalive.org/ video-dr-allan-schore-attachment-trauma-effects-neglect-abuse-brain-development/**](http://www.psychalive.org/video-dr-allan-schore-attachment-trauma-effects-neglect-abuse-brain-development/)

**Dr. Richard (“Richie”) Davidson – The Human Brain- Deconstructing Mindfulness (47:08):**  [**https://www.youtube.com/watch?v=0oynfJv7-NU**](https://www.youtube.com/watch?v=0oynfJv7-NU)

**RELATED APPLICATIONS: UA:** [**http://issuu.com/ua\_educator/docs/ua\_coe\_november\_2016**](http://issuu.com/ua_educator/docs/ua_coe_november_2016)

**Howard Glasser (Describing -not praising- Behavior)** [**www.ChildrensSuccessFoundation.com**](http://www.ChildrensSuccessFoundation.com)

**The Nurtured Heart Approach (26.20):** [**https://www.youtube.com/watch?v=r1\_OOwJgXFY**](https://www.youtube.com/watch?v=r1_OOwJgXFY)

**Sara How (Tedx) Igniting Greatness (8:38): https://www.youtube.com/watch?v=9lXNl8NpyuY**

**Karen Clayton-Nurtured Heart Approach: Real Life Success Stories in the Classroom (58:54)**

[**https://www.youtube.com/watch?v=DYoVsW0OD-A**](https://www.youtube.com/watch?v=DYoVsW0OD-A)

**Kaufman family: Son-Rise Autism Program(54:19): (Focus on Attachment)** [**https://www.youtube.com/watch?v=NeJUK-rXcyQ**](https://www.youtube.com/watch?v=NeJUK-rXcyQ)

**Michael (3:50):** [**https://www.youtube.com/watch?v=sV40Fex-z5Y**](https://www.youtube.com/watch?v=sV40Fex-z5Y)

\***Pediatrician (3:50):** [**https://www.youtube.com/watch?v=sV40Fex-z5Y**](https://www.youtube.com/watch?v=sV40Fex-z5Y)

**Dr. Ron Minson: iLS –** [**www.IntegratedListening.com**](http://www.IntegratedListening.com) **-** [**www.Brainideas.org**](http://www.Brainideas.org) **(4:37)**

**\*Dyslexia, Autism, LD, ADHD (Dr. Ed Hallowell)** [**https://www.youtube.com/watch?v=lEZcWvktUyA**](https://www.youtube.com/watch?v=lEZcWvktUyA)

**Brijin Gardner (Theraplay Play Therapist): Operation Breakthrough**

\***Brain Builder: (4:05)** [**http://www.albertafamilywellness.org/resources/video/how-brains-are-built-core-story-brain-development**](http://www.albertafamilywellness.org/resources/video/how-brains-are-built-core-story-brain-development)

**Operation Breakthrough** **(19:07)**  [**https://www.youtube.com/watch?v=OmseJMB2vaE**](https://www.youtube.com/watch?v=OmseJMB2vaE)

**Dr. Brene Brown- Connection gives meaning to life. (Focus on Wellness and Relationships)**

**The Power of Vulnerability (20:50)- https://www.youtube.com/watch?v=iCvmsMzlF7o**

**Listening to Shame (20:39)- https://www.youtube.com/watch?v=psN1DORYYV0**

**Why Your Critics Aren’t the Ones Who Count (22:41)- (Are you a “sweaty” creative?)** [**https://www.youtube.com/watch?v=8-JXOnFOXQk**](https://www.youtube.com/watch?v=8-JXOnFOXQk)